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Disorientation as a Presenting Symptom of Unilateral Anterior Choroidal Artery Stroke

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Background

Anterior choroidal artery (AChA) usually originates from the internal carotid artery and supplies critical brain areas important for vision and motor control. These include the optic tract, lateral geniculate nucleus and lateral aspect of thalamus, posterior limb of the internal capsule, lateral aspect of the midbrain, and the choroid plexus [1]. The AChA syndrome is a rare disease that presents with hemiplegia, hemianaesthesia and hemianopsia as a result of cerebral infarction in the anterior choroidal artery territory [2]. The syndrome may also be associated with neuropsychological disorders, including left neglect syndrome in right-sided lesions and disorders of speech in left-sided lesions [2-4].

However, a considerable variability in the case presentation have been reported mainly due to the incorrect diagnosis of earlier reports using computed tomography (CT) and the fact that the posterior limb of the internal capsule (PLIC) can be sometimes supplied by perforators arising from the middle cerebral artery [4]. The majority of the anterior choroidal artery infarctions are due to occlusion of AChA or its branches without any evidence of carotid disease or cardiogenic embolism [3,4].

Case Report

A 60-year-old right-handed woman presented with acute disorientation. Neurological examination showed impaired short-term memory, disorientation to time and place, and flattened right nasolabial fold. Brain MRI showed acute ischemic stroke (**Figure 1**) in the territory of AChA involving left

mesial temporal, globus pallidus, posterior limb of internal capsule and lateral thalamus (**Figure 1**).

Discussion

We are reporting disorientation as a rare presentation of the AChA syndrome. Classically, AChA syndrome presents with hemiplegia, hemianaesthesia and hemianopsia [2]. For example, a review of 112 patients diagnosed with AChA infarction in Spain showed that the most common presentation were contralateral hemiparesis (77.6%), sensory dysfunction (75.8%), aphasia in the dominant hemisphere (17%), contralateral hemianopsia (14.2%), and ataxia (12.5%) [3]. Another review of 124 patients diagnosed with AChA infarction over a 10 year in a medical center in South Korea showed that the frequent neurologic manifestations were dysarthria (85%), hemiparesis (81%), facial palsy (73%), ataxia (31%), sensory deficit (28%), and visual field defect (14%) [4]. On the other hand, disorientation and distributed consciousness were only seen in 2.7% and 4.7% (respectively) of the patients diagnosed with AChA infarction [3,4].

The variability of the presentation may be directed by the different mechanisms of infarction (small or large artery), the extent of the lesion, and the presence of collateral circulation [3,4]. Recognition of such an uncommon presentation of AChA stroke is important to avoid missing an opportunity for early thrombolytic therapy which was found to be a critical determinant factor for stroke evolution [5]. This report highlights the importance of typical MRI findings in the diagnosis a unilateral AChA stroke.

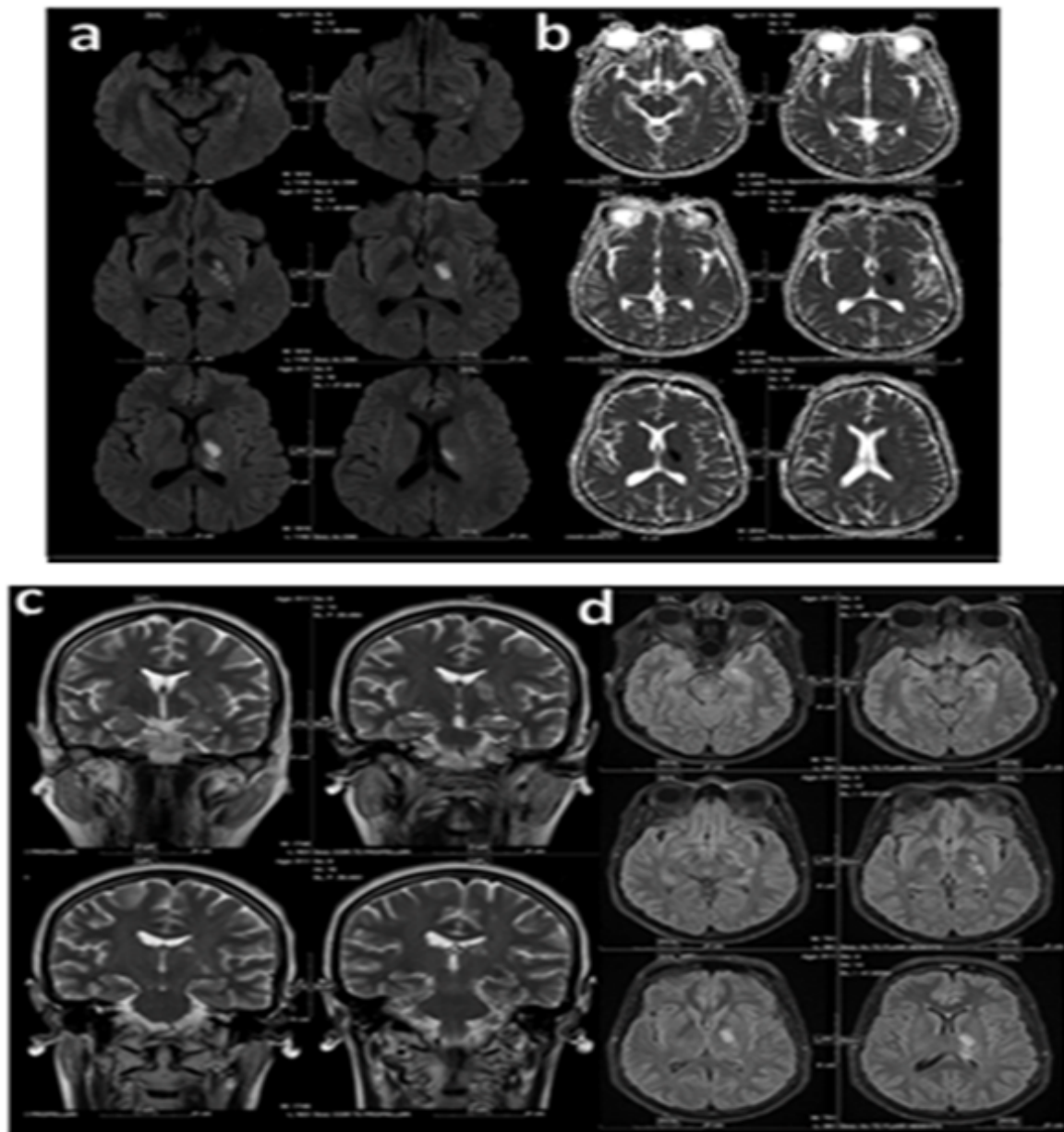


Figure 1 a) Diffusion weighted image (DWI), b) apparent diffusion coefficient, c) coronal T2 weighted images, and d) axial fluid-attenuated inversion recovery. Images demonstrate high signal intensity lesions on involving left mesial temporal lobe, posterior limb of internal capsule, globus pallidus, and lateral thalamus. Diffusion restriction indicates acute ischemic infarct.

Disclosures

The authors report no disclosures relevant to this manuscript.

Authors Contribution

Both authors contributed equally to data collection, writing and reviewing the manuscript.

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