Role of *SCN1A* and *SCN2A* Gene Polymorphisms in Epilepsy Syndromes-A Study from India

Musadiq Ahmad Bhat[1], Sameer Ahmad Guru[1], Rashid Mir[1], Ajaz Ahmad Waza[2], Mariyam Zuberi[1], Mamta Sumi[1], Shaam Bodeliwala[3], Amit Samadhiya[1], Vinod Puri[3] and Alpana Saxena[1*]

[1]Department of Biochemistry, Maulana Azad Medical College and Associated Hospitals, New Delhi, India

[2]Centre of Research for Development, Kashmir University, Srinagar, India

[3]Department of Neurosurgery, G.B. Pant Hospital, New Delhi, India

*Corresponding author: Alpana Saxena, Department of Biochemistry, Maulana Azad Medical College and Associated Hospitals, New Delhi, India, Tel: 011 2323 9279; E-mail: musadiqmamc@gmail.com

Rec date: Dec 21, 2017; **Acc date:** Jan 10, 2018; **Pub date:** Jan 12, 2018

Abstract

Introduction: Epilepsy is the most common heterogeneous neurological disorder affecting approximately 42 million people worldwide. Juvenile myoclonic epilepsy (JME) is a common form of idiopathic generalized epilepsy representing 5-10% of all epilepsy cases. Lennox-Gastaut syndrome (LGS) is one of the most severe epileptic encephalopathies of childhood onset, the cause of which may be symptomatic, i.e., secondary to an underlying brain disorder or cryptogenic, i.e., with no known cause. Sodium channels are integral membrane proteins which play a central role in neuronal membrane excitability and action potential generation. Alpha subunit of voltage gated sodium channels encoded by *SCN1A*, *SCN2A* and other genes is pivotal for neuronal signalling. It was planned to analyse the roles of *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphisms in the pathophysiology and risk JME and LGS in the Indian population.

Methods: A total of 50 JME patients, 50 LGS Patients and 100 age and sex matched healthy volunteers were recruited in this study. The genotyping of *SCN1A* Thr1067Ala i.e., 3184 A>G (rs2298771) and *SCN2A* Arg19Lys i.e., 56 G>A (rs17183814) polymorphism was performed by polymerase chain reaction- restriction fragment length polymorphism (PCR-RFLP) analysis.

Results: The *SCN1A* Thr1067Ala polymorphism genotypic distribution in LGS was significantly different from the normal population (P=0.008), with mutant homozygous (GG) plus heterozygous (AG) genotypes' percentage in LGS patients (16%) being lower than in healthy controls (24%). Frequency of the mutant 'G' allele of this SNP in LGS patients was 0.1, while it was 0.2 in control subjects (P=0.04). These observations which suggest a protective role of *SCN1A* Thr1067Ala polymorphism in LGS, were in sync with computation of an odds ratio of 0.21 (95% CI 0.07 to 0.66, p=0.005) for the GG genotype in LGS

patients. Though no correlation of *SCN1A* Thr1067Ala SNP with the severity of disease phenotype in LGS viz. frequency/duration of seizures etc. was noted, a conflicting finding was the significant association of its mutant genotypes with an early age of onset of the syndrome (p=0.007). Contrary to the findings in *SCN1A* Thr1067Ala, in case of *SCN2A* Arg19Lys polymorphism, though a significantly different genotypic distribution was present in LGS, in comparison to normal population (p=0.03), the mutant homozygous (AA) and heterozygous (GA) combined percentage in LGS patients (16%) was greater than in healthy controls (11%). This was complemented by observation of an odds ratio of 4.24 (95% CI 1.15 to 15.55, p=0.029, in case of LGS patients with heterozygous (GA) genotype, indicative of an increased disease susceptibility. Unlike LGS, in JME patients no significant differences in genotypic/allelic frequencies of *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphisms were noted and the associated odds ratios for mutant genotypes were also non-significant.

Conclusion: The *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphisms may play contrary roles in the pathophysiology of LGS. Inheritance of *SCN1A* Thr1067Ala mutant allele decreases the susceptibility for LGS occurrence, and may hamper Na$^+$ channels opening and neuronal excitability. On the other hand, the mutant allele of *SCN2A* Arg19Lys polymorphism confers an increased risk for development of LGS, consequent to a likely facilitatory effect on action potential generation and misfiring in neurons. Neither of these two SNPs appears to influence the pathogenesis/susceptibility to JME.

Keywords: Epilepsy; Neurological disorder; Pathophysiology

Introduction

Epilepsy affects approximately 42 million people worldwide and is the most common heterogeneous neurological disorder

with distinct symptoms, etiology, prognosis and treatments [1]. Cases of epilepsy may be organized into distinct epilepsy syndromes by the specific electro clinical features that are present. JME is a common form of idiopathic generalized epilepsy which represents 5-10% of all epilepsy cases [2]. Genetic studies have demonstrated at least 6 loci for JME and most of which are ion channels genes [3]. Recent progress in genome and exome sequencing has revealed that some individuals diagnosed with LGS have *de novo* mutations in a variety of genes [4]. Nearly 70% of patients with epilepsy lack an obvious pathogenetic cause and genetics is believed to play an important role in its causation. Mutations/polymorphisms in nicotinic acetylcholine receptor genes, GABA receptor gene, voltage-gated sodium channel genes etc. may contribute to pathogenesis of epilepsy [5-7]. Juvenile Myoclonic Epilepsy (JME) also known as Janz syndrome is a condition characterized by recurrent seizures [8]. The onset symptoms usually occur between 12 and 18 years of age and it lasts into adulthood. The most common type of seizures in JME is myoclonic seizures and these patients may also have generalized tonic-clonic seizures (GTCS) [9]. Generally, patients with JME have the characteristic myoclonic seizures in adolescence, which after few years develop into GTCS. The genetics of JME is complex and has not been understood completely [3]. Mutations in genes related to neurotransmission are believed to increase the susceptibility to this condition. GABRA1 and EFHC1 genes which encode GABA receptor α1 subunit and EF hand containing protein 1 respectively are the most studied in JME but many JME patients do not have mutations in any of these genes [10]. A number of still unidentified genes are likely to be involved in pathogenesis of JME [11]. Lennox-Gastaut syndrome (LGS) is a form of severe epilepsy that begins in childhood [12]. It may occur as a result of an insult to brain during foetal life or soon after birth, or it may manifest in a previously normal child. It is characterized by multiple types of seizures including tonic, atonic and atypical absences [13].

The onset of seizure in LGS is usually in early childhood, between 3 and 5 years of age. In most cases, LGS patients usually suffer from intellectual disability as well. More than three-quarters of affected individuals with LGS have tonic seizures while atypical seizures are also common. No genes specific to LGS have been identified, although clinical observations suggest that the disorder is likely to have a genetic component [14].Voltage-gated sodium channels play an important role in action potential generation and membrane excitability [15]. Genes coding for sodium channel components are considered to be one of the most important and major class of genes associated with various epilepsy phenotypes [16]. The voltage-gated sodium ion channels consist of large α subunits that associate with other polypeptides, such as β subunits to form functional voltage-gated ion channels [17]. The alpha subunit of sodium channel is a highly processed approximately 260-kDa polypeptide, that is comprised of four homologous domains termed I–IV [18]. Within each domain, there are six transmembrane segments called S1-S6 [19]. A hairpin-like P-loop between S5 and S6 forms part of the channel pore, and the intracellular loop that

connects domains III and IV forms the inactivation gate [20]. Initiation and propagation of seizures is due to misfiring of neurons in the brain, and >300 mutations in *SCN1A* gene have been identified in epilepsy and other neurological disorders so far [21]. There are multiple alleles of the alpha subunit gene referred to as *SCN1A* through SCN11A [22]. The individual sodium channels are distinguished not only by differences in their sequence but also by their expression profiles and kinetics. Alterations in *SCN1A* gene are one of the major causes of Dravet syndrome [16]. *SCN1A* variants can result in a wide spectrum of epilepsy phenotypes, ranging from severe epilepsies, such as intractable childhood epilepsy with generalized tonic-clonic seizures (ICE-GTC), to milder epilepsy disorders, including simple febrile seizures or familial fever-related epilepsies referred to as generalized/genetic epilepsies with febrile seizures plus [23]. More recent studies have indicated that common variants in the *SCN1A* gene may be risk factors for common epilepsies like temporal lobe epilepsy and idiopathic/genetic generalized epilepsy (GGE/IGE) [24]. Alterations in *SCN2A* are one of the most common causes of neurodevelopmental disease and phenotypes include autism/intellectual disability/schizophrenia, infantile spasms progressing to epileptic encephalopathy and severe early-onset epileptic encephalopathy [25-27].

Defects in subunits of sodium channels render them susceptible to slow inactivation, i.e., the membrane remains depolarized for a longer time, which can result in epileptogenesis and spread of seizures [28,29]. Altered sodium channel transcript levels had been found in brain tissues of epilepsy patients, suggesting a potential role for sodium channels in the pathophysiology of epilepsy [30]. In the last few decades, various coding and non-coding sequence variations in genes of voltage-gated sodium channels i.e., *SCN1A*, *SCN2A*, SCN8A and SCN9A have been identified in patients with seizures, ataxia, and sensitivity to pain [31]. Though various single nucleotide polymorphisms (SNPs) in sodium channel genes have been described so far, only a few including *SCN1A* Thr1067Ala i.e., 3184 A>G (rs2298771) and *SCN2A* Arg19Lys i.e., 56 G>A (rs17183814), were found to have functional significance in different neurological disorders [32]. The Arg19Lys polymorphism and other missense mutations in *SCN2A* gene were found in a Japanese family that had febrile seizures (FS) [33]. The *SCN1A* Thr1067Ala polymorphism results in change of amino acid threonine to alanine at a highly consensus conserved site in the coding region of the *SCN1A*, which might possibly affect the functioning of inactivation gate of sodium channel in the cytosol that regulates efflux and influx of sodium ions [21]. Another possibility is that this polymorphism is in linkage disequilibrium with some other genetic variants of the same gene that impart increased risk for developing epilepsy. Defects in *SCN1A* gene might lead to myoclonic epilepsy in infancy (SMEI), generalized epilepsy with febrile seizures (GEFS) plus type 2, and intractable childhood epilepsy with generalized tonic-clonic seizures [34,35]. The Arg19Lys polymorphism causes amino acid substitution in cytoplasmic portion of the sodium channel and is a moderately conserved residue. The *SCN2A* Arg19Lys variant that codes for lysine was found to be significantly more frequent in patients

with Febrile Seizures (FS) including GEFS than in controls [36]. Along with other genetic variants, *SCN2A* Arg19Lys polymorphism Lys allele may play an important role in epilepsy susceptibility. The causal relationship between *SCN1A* Thr1067Lys and *SCN2A* Arg19Lys polymorphisms with epilepsy syndromes (like JME and LGS) has not been proven conclusively. Analysis of association of these polymorphisms with epilepsy syndromes in different populations would be important in establishing a role for *SCN1A* and *SCN2A* genes in the development of seizures. The main aim of this study was to evaluate the role of *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys gene polymorphisms in the pathophysiology of JME and LGS in North Indian population.

Methodology

Study population

A total of 50 JME patients, 50 LGS Patients and 100 age and sex matched healthy volunteers were recruited in this study. Clinical data from each patient with reference to frequency and duration of seizures, postictal period, drug responsiveness, age of onset of seizure etc. was collected and analysed. JME patients were diagnosed by a combination of clinical and EEG criteria. The clinical criteria for JME included presence of generalized tonic clonic seizures (GTCS) and normal cognition. The EEG criteria for JME included generalized spike wave discharge (4-6 Hz), polyspike wave discharge and photo paroxysmal response. JME patients with seizure type as only myoclonic Jerks and GTCS were recruited in order to make the study homogenous.

LGS patients were also diagnosed by a combination of clinical and EEG criteria. The clinical criteria for LGS included presence of multiple seizure types and presence of cognitive impairment. The EEG criteria for LGS included multifocal spike wave discharge (<2.5 Hz), slow spike wave discharge and generalized paroxysmal fast activity (GPFA). LGS patients having tonic seizures as the main seizure type were recruited in order to make the study homogenous. Patients with epilepsy syndromes other than JME and LGS were excluded from the study. The study was approved by institutional ethics committee, Maulana Azad Medical College (IEC-MAMC), New Delhi, India.
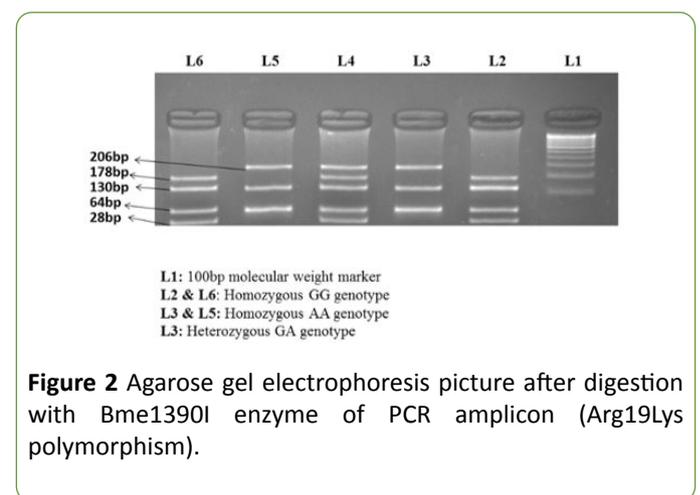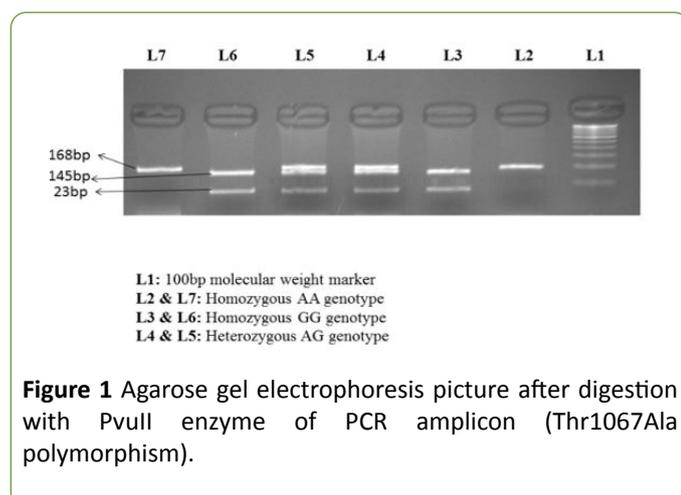
Peripheral blood sample collection

Peripheral blood samples (3 ml) were collected in EDTA vials from patients and healthy control subjects. Genomic DNA was isolated from peripheral blood leukocytes using standard phenol chloroform DNA extraction method.

Genotyping of *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphism

All samples were genotyped for *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphisms using polymerase chain reaction-restriction fragment length polymorphism- (PCR-RFLP) method. DNA fragments containing these polymorphic sites were amplified by PCR with specific forward and reverse primers in a final volume of 25 µl containing 50-100 ng genomic DNA as shown in **Table 1**.

Table 1 Primers for *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphisms.

SNP	Sequence	Primer Sequence	Restriction Enzyme
SCN1A Thr1067Ala	Forward	5´-TGCACAAAGGAGTAGCTTATG-3´	PvuII
	Reverse	5´-AGTCAAGATCTTTCCCAATTTCAG-3´	
SCN2A Arg19Lys	Forward	5´-AATCACCTTTTATTCTAATGGTC-3´	Bme1390I
	Reverse	5´-CAGTGAAGGCAACTTACTAAGA-3´	

Figure 1 Agarose gel electrophoresis picture after digestion with PvuII enzyme of PCR amplicon (Thr1067Ala polymorphism).

Figure 2 Agarose gel electrophoresis picture after digestion with Bme1390I enzyme of PCR amplicon (Arg19Lys polymorphism).

PCR conditions included: a denaturing step at 95°C for 5 min, then 30 cycles of 94°C for 30 s, 60°C (*SCN2A* Arg19Lys)/ 57°C (*SCN1A* Thr1067Ala) for 30 s, 72°C for 30 s, and a final incubation at 72°C for 10 min. After amplification, PCR products were digested using specific restriction endonucleases. The *SCN1A* Thr1067Ala polymorphism genotypes were identified by presence/loss of PvuII restriction site (A allele, 168 bp; G allele, 145 and 23 bp) as shown in **Figure 1**. The *SCN2A* Arg19Lys polymorphism genotypes were identified by presence/loss of the Bme1390I restriction site (G allele 178, 130, 64 and 28 bp; and an allele 206,130 and 64 bp) as shown in **Figure 2**.

Statistical analysis

All statistical analyses were performed using Graph Pad prism version 7.03. Chi square and fisher exact test were used to estimate the statistical significance of differences observed between various groups. Risk of epilepsy syndromes associated with inheritance of different genotypes was calculated by odds ratio. P-value of <0.05 was considered significant.

Results

50 JME, 50 LGS patients and 100 age and sex matched healthy control subjects were included in the study. Demographic features of the patients including age, gender and family history of epilepsy are shown in **Tables 2 and 3**.

Table 2 Demographic characteristics of Juvenile myoclonic epilepsy (JME) patients.

Variables	JME patients
Number of Patients	50
Gender	
Male	20
Female	30
Age	
≤ 20 years	29
>20 years	21
Family history of epilepsy	
Yes	10
No	40

In JME group, there were 20 male and 30 female subjects while in LGS group there were 42 male and 8 female subjects. Based on the median age, JME patients were divided in two age groups: patients with age ≤ 20 years included 29 cases and >20 years included 21 cases. Similarly, LGS patients were divided in two age groups: patients with age ≤ 7 years included 24 cases and those >7 years included 26 cases.

Table 3 Demographic characteristics of Lennox-Gastaut syndrome (LGS) patients.

Variables	LGS patients
Number of Patients	50
Gender	
Male	42
Female	8
Age	
≤ 7 years	24
>7 years	26
Family history of epilepsy	
Yes	10
No	40

Comparative analysis of *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphism

The comparative analysis of *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphism genotypic and mutant/wild allelic distribution is shown in **Tables 4 and 5**. Compliance with Hardy-Weinberg equilibrium was ascertained amongst the control subjects.

Table 4 Comparative analysis of *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphism genotypic distribution in JME and LGS cases and healthy control subjects.

SNPs	JME N=50 (%)	LGS N=50 (%)	Controls N=100 (%)	p value		JME vs. LGS
				cases vs. controls		
				JME	LGS	
SCN1A Thr1067Ala						
AA	34 (68)	42 (84)	76 (76)	0.4	0.008	0.0008
AG	5 (10)	6 (12)	7 (7)			
GG	11 (22)	2 (4)	17 (17)			
SCN2A Arg19Lys						

GG	43 (86)	42 (84)	89 (89)	0.27	0.03	0.54
GA	4 (8)	6 (12)	3 (3)			
AA	3 (6)	2 (4)	8 (8)			

Table 5 Comparative analysis of *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphism allelic distribution in JME and LGS cases and healthy control subjects.

SNPs	JME (N=50)	LGS (N=50)	Controls (N=100)	p value		
				cases vs. controls		JME vs. LGS
				JME	LGS	
SCN1A Thr1067Ala						
A	0.73	0.9	0.8	0.32	0.04	0.002
G	0.27	0.1	0.2			
SCN2A Arg19Lys						
G	0.9	0.9	0.9	1	1	1
A	0.1	0.1	0.1			

SCN1A Thr1067Ala polymorphism genotypic and allelic distribution in JME & LGS patients and control subjects

JME vs. healthy control subjects: Though the percentage of mutant heterozygous (AG) and mutant homozygous (GG) genotypes was higher in JME cases than in controls, there was no significant difference in the genotypic and mutant/wild allelic distribution (p=0.4 and 0.32 respectively) of *SCN1A* Thr1067Ala polymorphism amongst JME cases versus controls.

LGS vs. healthy control subjects: There was significant difference in the genotypic and mutant/wild allelic distribution (p=0.008 and 0.04 respectively) of *SCN1A* Thr1067Ala polymorphism amongst LGS cases versus controls. The percentage of mutant heterozygous (AG) plus mutant homozygous (GG) genotypes (16%) was found to be lower in LGS cases than in controls (24%) as shown in **Table 4**. The mutant G allele frequency in LGS patients (0.1) was half of that in the control subjects (0.2) as shown in **Table 5**.

JME vs. LGS: There was a significant difference in the genotypic and mutant/wild allelic distribution (p=0.0008 and 0.002 respectively) of *SCN1A* Thr1067Ala polymorphism amongst JME cases versus LGS cases. The percentage of mutant heterozygous (AG) plus mutant homozygous (GG) genotypes was much lower in LGS cases (16%) than in JME cases (32%) as shown in **Table 4**. The mutant G allele frequency in LGS patients (0.1) was nearly 1/3rd of the same in JME patients (0.27) as shown in **Table 5**.

SCN2A Arg19Lys polymorphism genotypic and allelic distribution in JME & LGS patients and control subjects

JME vs. healthy control subjects: There was no significant difference in genotypic and mutant/wild allelic distribution (p=0.27 and 1 respectively) of *SCN2A* Arg19Lys polymorphism amongst JME cases versus controls. The percentage of mutant heterozygous (GA) genotype was found to be higher in JME cases than in controls, while the percentage of mutant homozygous (AA) genotype was lower in JME cases than in controls as shown in **Table 4.**

LGS vs. healthy control subjects: There was significant difference in genotypic distribution (p=0.03) but no significant difference in mutant/wild allelic distribution (p=1) of *SCN2A* Arg19Lys polymorphism amongst LGS cases versus controls. In LGS cases, the percentage of mutant heterozygous (GA) genotype was higher while the percentage of mutant homozygous (AA) genotype was lower than in controls as shown in **Table 4**.

JME vs. LGS: There was no significant difference in genotypic and mutant/wild allelic distribution (p=0.54 and 1 respectively) of *SCN2A* Arg19Lys polymorphism amongst JME cases as compared to that in LGS cases.

SCN1A Thr1067Ala and *SCN2A* Arg19Lys polymorphisms and risk of epilepsy syndromes

Evaluation of susceptibility to JME and LGS associated with inheritance of mutant genotypes of *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphisms was done by computation of odds ratio (**Tables 6 and 7**). *SCN1A* Thr1067Ala polymorphism mutant homozygous GG genotype was associated with a significantly lower risk of LGS as compared to the reference

wild type AA genotype with an odds ratio of 0.21 (95% CI 0.07 to 0.66, p=0.005).

Table 6 *SCN1A* Thr1067Ala polymorphism and associated risk of epilepsy syndromes.

Genotypes		Cases n=50 (%)	Controls n=100 (%)	OR (95% CI)	p value
JME	AA	34 (68)	76 (76)	Ref	-
	AG	5 (10)	7 (7)	1.59 (0.58-4.43)	0.45
	GG	11 (22)	17 (17)	1.45 (0.71-2.95)	0.37
LGS	AA	42 (84)	76 (76)	Ref	-
	AG	6 (12)	7 (7)	1.55 (0.58-4.14)	0.47
	GG	2 (4)	17 (17)	0.21(0.07-0.66)	0.005

Table 7 *SCN2A* Arg19Lys polymorphism and associated risk of epilepsy syndromes.

Genotypes		Cases n=50 (%)	Controls n=100 (%)	OR (95% CI)	p value
JME	GG	43 (86)	89 (89)	Ref	-
	GA	4 (8)	3 (3)	2.76 (0.71-10.75)	0.21
	AA	3 (6)	8 (8)	0.78 (0.26-2.3)	0.79
LGS	GG	42 (84)	89 (89)	Ref	-
	GA	6 (12)	3 (3)	4.24 (1.15-15.55)	0.029
	AA	2 (4)	8 (8)	0.53 (0.15-1.83)	0.38

An increased risk of LGS with odds ratio of 4.24 (95% CI 1.15 to 15.55, p=0.029) was observed in association with mutant heterozygous GA genotype of *SCN2A* Arg19Lys polymorphism; however, the same was not observed with mutant homozygous genotype AA genotype. No alteration in susceptibility to JME was noted with either *SCN1A* Thr1067Ala or with *SCN2A* Arg19Lys polymorphism.

Clinical features of JME and LGS patients and *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphisms

Differential analysis of clinical details of patients such as age at onset of seizures, frequency and duration of seizures, drug responsiveness etc. with respect to *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys are shown in (**Tables 8-11**). Patients who

showed a decrease in the frequency/severity of seizures after drug treatment were classified as drug responsive and those who did not as non-drug responsive. Mean age of onset of seizures in JME patients was 13.31 ± 4.54 years (Range: 2.5 -22 years), while the mean age of onset of seizures in LGS patients was 2.06 ± 2.818 years (Range: 1-13 years).

Clinical features of JME patients and their association with *SCN1A* Thr1067Ala polymorphism genotypes

No significant difference in *SCN1A* Thr1067Ala polymorphism genotypic distribution was found in JME patients with respect to any of the clinical features as shown in **Table 8**.

Table 8 Association of *SCN1A* Thr1067Ala polymorphism genotypes with clinical features of Juvenile myoclonic epilepsy patients.

Variables	JME patients (%)	AA	AG	GG	p value	A allele frequency	G allele frequency
Onset of seizures							
≤ 15 years of Age	34 (68)	26 (76.5)	2 (6)	6 (17.5)	0.15	0.79	0.21
>15 years of Age	16 (32)	8 (50)	3 (19)	5 (31)		0.59	0.41
Frequency of seizures							
≤ 1 per month	21 (42)	12 (57)	3 (14.5)	6 (28.5)	0.35	0.64	0.36

>1 per month	29 (58)	22 (76)	2 (7)	5 (17)		0.79	0.21
Duration of seizures							
≤ 2 Minutes	23 (46)	17 (74)	1 (4)	5 (22)	0.55	0.76	0.24
>2 Minutes	27 (54)	17 (63)	4 (15)	6 (22)		0.7	0.3
Postictal period							
≤ 2 Minutes	25 (50)	20 (80)	1 (4)	4 (16)	0.16	0.82	0.18
>2 Minutes	25 (50)	14 (56)	4 (16)	7 (28)		0.64	0.36
Drug responsiveness							
Yes	40 (80)	25 (62.5)	5 (12.5)	10 (25)	0.34	0.69	0.31
No	10 (20)	9 (90)	0 (0)	1 (10)		0.9	0.1

Clinical features of LGS patients and their association with *SCN1A* Thr1067Ala polymorphism genotypes

A significant difference in *SCN1A* Thr1067Ala polymorphism genotypic distribution was found in LGS patients with respect to age at onset of seizures with a p value of 0.007 as shown in **Table 9**. The mutant G allele of this polymorphism may be implicated in the early onset of seizures in LGS patients.

Table 9 Association of *SCN1A* Thr1067Ala polymorphism genotypes with clinical features of Lennox-Gastaut syndrome patients.

Variables	LGS patients (%)	AA	AG	GG	p value	A allele frequency	G allele frequency
Onset of seizures							
≤1 year of Age	26 (52)	18 (69)	6 (23)	2 (8)	0.007	0.81	0.19
>1 year of Age	24 (48)	24 (100)	0 (0)	0 (0)		1	0
Frequency of seizures							
≤3 per Day	28 (56)	24 (86)	2 (7)	2 (7)	0.35	0.89	0.11
>3 per Day	22 (44)	18 (82)	4 (18)	0 (0)		0.91	0.09
Duration of seizures							
≤5 Seconds	24 (48)	18 (75)	4 (17)	2 (8)	0.19	0.83	0.17
>5 Seconds	26 (52)	24 (92)	2 (8)	0 (0)		0.96	0.04
Drug responsiveness							
Yes	42 (84)	36 (86)	4 (9.5)	2 (4.5)	0.48	0.9	0.1
No	8 (16)	6 (75)	2 (25)	0 (0)		0.88	0.12

Clinical features of JME patients and their association with Arg19Lys polymorphism genotypes

No significant difference in *SCN2A* Arg19Lys polymorphism genotypic distribution was found in JME patients with respect to any of the clinical features as shown in **Table 10.**

Table 10 Association of *SCN2A* Arg19Lys polymorphism genotypes with clinical features of Juvenile myoclonic epilepsy patients.

Variables	JME patients (%)	GG	GA	AA	p-value	G allele frequency	A allele frequency
Onset of seizures							
≤15 years of Age	34 (68)	28 (82)	4 (12)	2 (6)	0.46	0.88	0.12
>15 years of Age	16 (32)	15 (94)	0 (0)	1 (6)		0.94	0.06
Frequency of seizures							
≤1 per month	21 (42)	17 (81)	3 (14)	1 (5)	0.47	0.88	0.12
>1 per month	29 (58)	26 (90)	1 (3)	2 (7)		0.91	0.09
Duration of seizures							
≤2 Minutes	23 (46)	20 (87)	1 (4)	2 (9)	0.59	0.89	0.11
>2 Minutes	27 (54)	23 (85)	3 (11)	1 (4)		0.91	0.09
Postictal period							
≤2 Minutes	25 (50)	22 (88)	1 (4)	2 (8)	0.7	0.9	0.1
>2 Minutes	25 (50)	21 (84)	3 (12)	1 (4)		0.9	0.1
Drug Responsiveness							
Yes	40 (80)	34 (85)	4 (10)	2 (5)	0.42	0.9	0.1
No	10 (20)	9 (90)	0 (0)	1 (10)		0.9	0.1

Clinical features of LGS patients and their association with *SCN2A* Arg19Lys polymorphism genotypes

No significant difference in *SCN2A* Arg19Lys polymorphism genotypic distribution was found in LGS patients with respect to any of the clinical features as shown in **Table 11.**

Table 11 Association of *SCN2A* Arg19Lys polymorphism genotypes with clinical features of Lennox-Gastaut syndrome patients.

Variables	LGS patients (%)	GG	GA	AA	p value	G allele frequency	A allele frequency
Onset of seizures							
≤1 year of Age	26 (52)	20 (77)	4 (16)	2 (7)	0.43	0.85	0.15
>1 year of Age	24 (48)	22 (92)	2 (8)	0 (0)		0.96	0.04
Frequency of seizures							
≤3 per Day	28 (56)	22 (79)	4 (14)	2 (7)	0.59	0.86	0.14
>3 per Day	22 (44)	20 (91)	2 (9)	0 (0)		0.95	0.05
Duration of seizures							
≤5 Seconds	24 (48)	20 (83)	2 (8.5)	2 (8.5)	0.43	0.88	0.12
>5 Seconds	26 (52)	22 (85)	4 (15)	0 (0)		0.92	0.08
Drug responsiveness							
Yes	42 (84)	36 (86)	4 (9)	2 (5)	0.48	0.9	0.1
No	8 (16)	6 (75)	2 (25)	0 (0)		0.88	0.12

Discussion

In the present study, the role of alterations in sodium channel genes *SCN1A* and *SCN2A* in two epilepsy syndromes i.e., JME and LGS was analysed. We studied two genetic polymorphisms, *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys in these two epilepsy syndromes. Our observations indicate a negative association between the *SCN1A* Thr1067Ala polymorphism and occurrence of LGS. There was a significant difference in the genotypic distribution of this polymorphism between LGS patients and control subjects (p=0.008), and the percentage frequency of mutant homozygous (GG) plus heterozygous (AG) genotypes was lower in LGS. This correlated with the significantly lower mutant 'G' allele frequency observed in LGS patients (p=0.04), in comparison to healthy control subjects. Assessment of susceptibility/risk of LGS in association with inheritance of *SCN1A* Thr1067Ala polymorphism mutant GG genotype, revealed an odds ratio of 0.21 (95% CI 0.07 to 0.66, p=0.005) which is in sync with the differential genotypic/ allelic distribution in LGS. It appears from these findings that the mutant 'G' allele of *SCN1A* Thr1067Ala polymorphism in some way safeguards against the development of LGS, though it is premature to comment on the underlying pathophysiology. The protective role of this mutant 'G' allele in relation to LGS is a normal observation, which has not been reported earlier and needs further validation. A contradictory finding to this tenet which we noted in our LGS study group was a significant association of heterozygous and mutant homozygous genotypes of this polymorphism with an earlier age of onset of seizures i.e., less than one year (p=0.007).

The *SCN1A* Thr1067Ala results in change of amino acid threonine to alanine at a highly consensus conserved site in the coding region of the *SCN1A*, and possibly affects functioning of the inactivation gate in the cytosol regulating efflux and influx of sodium ions. Another possibility is that this polymorphism is in linkage disequilibrium with some other genetic variants of the same gene that affect risk of developing epilepsy.

Unlike our findings in LGS, we didn't observe any significant difference in JME patients, either in the genotypic or mutant allele frequency distribution of *SCN1A* Thr1067Ala polymorphism, in comparison to healthy controls. The odds ratio determined as a measure of contribution of *SCN1A* Thr1067Ala polymorphism mutant homozygous and heterozygous genotypes, to the risk of JME, was also found to be non-significant (p=0.37 and 0.45 respectively).

A study by Khan et al. showed that *SCN1A* Thr1067Ala polymorphism may play an important role in development of various types of epilepsy viz., idiopathic, symptomatic and generalized [11]. *SCN1A* variant R604H in exon 11 was found in two probands from unrelated families with JME [12]. Three SNPs (R542Q, G1081R and T1174S) of *SCN1A* were found in sporadic cases of epilepsy although the family records were not available [37]. Of these 3 SNPs, R542Q and T1174S were observed in JME [38]. Only a minority of LGS patients have been shown to have a *SCN1A* pathogenic variant that is associated with an abnormal phenotype or increased disease risk [23].

In our study, results for *SCN2A* Arg19Lys polymorphism association with epilepsy syndromes were different from those of earlier studies. We observed a significant association of *SCN2A* Arg19Lys polymorphism with LGS (p=0.003), with the frequency of mutant homozygous (AA) plus heterozygous (GA) genotypes being higher in LGS patients than in control subjects. An increased risk of LGS was also observed in relation to heterozygous GA genotype of this polymorphism with an odds ratio of 4.24. However, no association of *SCN2A* Arg19Lys polymorphism with JME was observed in our study.

SCN2A Arg19Lys polymorphism was studied in German idiopathic generalized epilepsy patients and failed to show any association of this polymorphism with epilepsy susceptibility [39]. Nakayama et al. carried out the similar study in Japanese population and also did not find any association of this polymorphism with epilepsy [40]. A study done in Taiwan similarly failed to show any association of Arg19Lys polymorphism in epilepsy patients [41]. A study of Arg19Lys polymorphism in Indian population also showed no association with susceptibility to idiopathic, symptomatic and generalized epilepsy [21].

There are several limitations of the present study: the sample size was low and only two SNPs in sodium channel genes were screened in the study population. However, the role and presence of other genetic variations in the same gene or in other candidate genes cannot be ignored. Also, an *in vitro* functional study to examine the electrophysiological effects of the SNPs and mutations may provide insight into the molecular mechanism(s) underlying the pathogenesis of epilepsy syndromes. In summary, we observed a differential role of genetic variations in the *SCN1A* and *SCN2A* genes coding for alpha chains of sodium channels in JME & LGS epilepsy phenotypes. It would be worthwhile to study these polymorphisms at the functional level and also to replicate them in larger cohorts.

Conclusion

Both *SCN1A* Thr1067Ala and *SCN2A* Arg19Lys polymorphisms appear to influence the development of LGS, though in reciprocal directions. Inheritance of mutant allele of *SCN1A* Thr1067Ala polymorphism may have a dampening effect on Na+ channel firing and neuronal excitability, thereby leading to elevation of threshold for generation of seizures and other phenotypic effects in LGS. The mutant allele of *SCN2A* Arg19Lys polymorphism on the contrary, has a likely positive stimulatory role in action potential generation and thus increases the susceptibility to LGS. Neither *SCN1A* Thr1067Ala nor *SCN2A* Arg19Lys polymorphisms seem to modulate the pathophysiology or risk of development of JME.

These observations need to be substantiated further by more elaborate investigations across wide sections of different populations. Dissection of the molecular pathogenetic effects of these Na+ channel gene alterations would pave the way for

a better understanding of epilepsy syndromes and more rational therapeutic drug design.

Acknowledgement

Conflict of Interest

None

References

1. Pringsheim T, Fiest K, Jette N (2014) The international incidence and prevalence of neurologic conditions: How common are they? Neurol 83: 1661-1664.

2. Beghi M, Beghi E, Cornaggia CM, Gobbi G (2006) Idiopathic generalized epilepsies of adolescence. Epilepsia 47: 107-110.

3. Delgado-Escueta AV (2007) Advances in genetics of juvenile myoclonic epilepsies. Epilepsy Curr 7: 61-67.

4. Allen AS, Berkovic, Cossette P, Delanty N, Dlugos D, et al. (2013) *De novo* mutations in epileptic encephalopathies. Nature 501: 217-221.

5. Yuan H, Low CM, Moody OA, Jenkins A, Traynelis SF (2015) Ionotropic GABA and glutamate receptor mutations and human neurologic diseases. Mol Pharmacol 88: 203-217.

6. Bertrand D (2002) Neuronal nicotinic acetylcholine receptors and epilepsy. Epilepsy Curr 2: 191-193.

7. Kohling R (2002) Voltage-gated sodium channels in epilepsy. Epilepsia 43: 1278-1295.

8. Rossi MA (2013) Juvenile myoclonic epilepsy: When will it end. Epilepsy Curr 13: 148-149.

9. Auvin S(2007) Treatment of myoclonic seizures in patients with juvenile myoclonic epilepsy. Neuropsychiatr Dis Treat 3: 729-734.

10. Ma S, Blair MA, Abou-Khalil B, Lagrange AH, Gurnett CA, et al. (2006) Mutations in the GABRA1 and EFHC1 genes are rare in familial juvenile myoclonic epilepsy. Epilepsy Res 71:129-134.

11. Zifkin B, Andermann E, Andermann F (2005) Mechanisms, genetics, and pathogenesis of juvenile myoclonic epilepsy. Curr Opin Neurol 18: 147-153.

12. Mastrangelo M, Lennox-Gastaut (2017) Syndrome: A state of the art review. Neuropediatrics 48: 143-151.

13. Asadi-Pooya AA, Gastaut L (2017) Syndrome: A comprehensive review. Neurological sciences: Official Journal of the Italian Neurological Society and of the Italian Society of Clinical Neurophysiology.

14. Rijckevorsel K (2008) Treatment of Lennox-Gastaut syndrome: Overview and recent findings. Neuropsychiatr Dis Treat 4: 1001-1019.

15. Shen H, Zhou Q, Pan X, Li Z, Wu X, et al. (2017) Structure of a eukaryotic voltage-gated sodium channel at near-atomic resolution. Science 355.

16. Catterall WA, Noebels JL, Avoli ML, Rogawski MA, Olsen RW (2012) Sodium channel mutations and epilepsy. In: The Jasper's Basic Mechanisms of the Epilepsies, Bethesda, USA.

17. Marban E, Yamagishi, Tomaselli GF (1998) Structure and function of voltage-gated sodium channels. J Physiol 508: 647-657.

18. de Lera Ruiz M, Kraus RL (2015) Voltage-gated sodium channels: structure, function, pharmacology, and clinical indications. J Med Chem 58: 7093-7118.

19. Yu FH, Catterall WA (2003) Overview of the voltage-gated sodium channel family. Genome Biol 4: 207.

20. Catterall WA (2014) Structure and function of voltage-gated sodium channels at atomic resolution. Exp Physiol 99: 35-51.

21. Lakhan R, Kumari R, Misra UK, Kalita J, Pradhan S, et al. (2009) Differential role of sodium channels *SCN1A* and *SCN2A* gene polymorphisms with epilepsy and multiple drug resistance in the north Indian population. Br J Clin Pharmacol 68: 214-220.

22. Raymond CK, Castle J, Garrett-Engele P, Armour, Kan Z, et al. (2004) Expression of alternatively spliced sodium channel alpha-subunit genes. Unique splicing patterns are observed in dorsal root ganglia. J Biol Chem 279: 46234-46241.

23. Miller IO, Sotero de Menezes MA (1993) *SCN1A*-related seizure disorders.

24. Krauss G, Baranano K (2014) "Idiopathic" and "genetic" generalized epilepsies intersect. Epilepsy Curr 14: 81-83.

25. Wolff M, Johannesen KM, Hedrich UBS, Masnada S, Rubboli G (2017) Genetic and phenotypic heterogeneity suggest therapeutic implications in *SCN2A*-related disorders. Brain 140: 1316-1336.

26. Carroll LS, Woolf R, Ibrahim Y, Williams HY, Dwyer YS (2016) Mutation screening of *SCN2A* in schizophrenia and identification of a novel loss-of-function mutation. Psychiatr Genet 26: 60-65.

27. Ogiwara I, Ito K, Sawaishi Y, Osaka H, Mazaki (2009) *De novo* mutations of voltage-gated sodium channel alphaII gene *SCN2A* in intractable epilepsies. Neurology 73: 1046-1053.

28. Alekov A, Rahman MM, Mitrovic N, Lehmann-Horn F, Lerche H (2000) A sodium channel mutation causing epilepsy in man exhibits subtle defects in fast inactivation and activation *in vitro*. J Physiol 529: 533-539.

29. Vilin YY, Ruben PC (2001) Slow inactivation in voltage-gated sodium channels: Molecular substrates and contributions to channelopathies. Cell Biochem Biophys 35: 171-190.

30. Lombardo AJ, Kuzniecky R, Powers RE, Brown GB (1996) Altered brain sodium channel transcript levels in human epilepsy. Mol Brain Res 35: 84-90.

31. Meisler MH, Kearney JA (2005) Sodium channel mutations in epilepsy and other neurological disorders. J Clin Invest 115: 2010-2017.

32. Lossin C (2009) A catalog of *SCN1A* variants. Brain Dev 31: 114-130.

33. Ito M, Shirasaka Y, Hirose S, Sugawara T, Yamakawa K (2004) Seizure phenotypes of a family with missense mutations in *SCN2A*. Pediatr Neurol 31: 150-152.

34. Escayg A, MacDonald BT, Meisler MH, Baulac S, Huberfeld S (2000) Mutations of *SCN1A*, encoding a neuronal sodium channel, in two families with GEFS+2. Nat Genet 24: 343-345.

35. Fujiwara T, Sugawara T, Mazaki-Miyazaki E, Takahashi Y, Fukushima Y (2003) Mutations of sodium channel alpha subunit type 1 (*SCN1A*) in intractable childhood epilepsies with frequent generalized tonic-clonic seizures. Brain 126: 531-546.

36. Sugawara T, Tsurubuchi Y, Agarwala KL, Ito M, Fukuma (2001) A missense mutation of the Na+ channel alpha II subunit gene Na(v)1.2 in a patient with febrile and afebrile seizures causes channel dysfunction. Proceedings of the National Academy of Sciences of the United States of America 98: 6384-6389.

37. Escayg A, Heils A, MacDonald BT, Haug K, Sander T (2001) A novel *SCN1A* mutation associated with generalized epilepsy with febrile seizures plus--and prevalence of variants in patients with epilepsy. Am J Hum Genet 68: 866-873.

38. Singh R, Andermann E, Whitehouse WP, Harvey AS, Keene DL (2001) Severe myoclonic epilepsy of infancy: Extended spectrum of GEFS+? Epilepsia 42: 837-844.

39. Haug K, Hallmann K, Rebstock J, Dullinger J, Muth S, et al. (2001) The voltage-gated sodium channel gene *SCN2A* and idiopathic generalized epilepsy. Epilepsy Res 47: 243-246.

40. Nakayama, Yamamoto N, Hamano K, Iwasaki N, Ohta M (2002) Failure to find evidence for association between voltage-gated sodium channel gene *SCN2A* variants and febrile seizures in humans. Neurosci Lett 329: 249-251.

41. Chou IC, Tsai FJ, Huang CC, Shi YR, Tsai CH (2003) The lack of association between febrile convulsions and polymorphisms in *SCN1A*. Epilepsy Res 54:53-57.